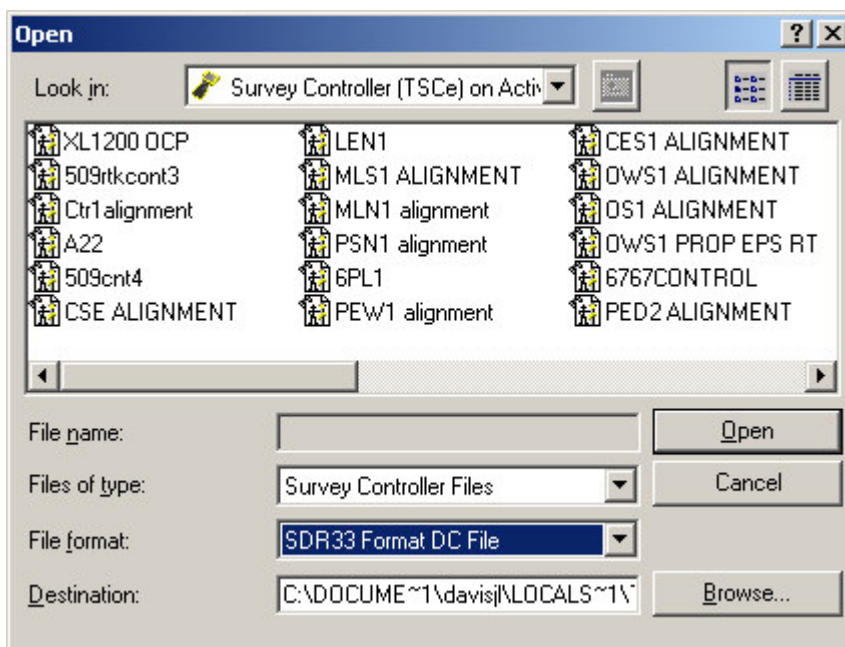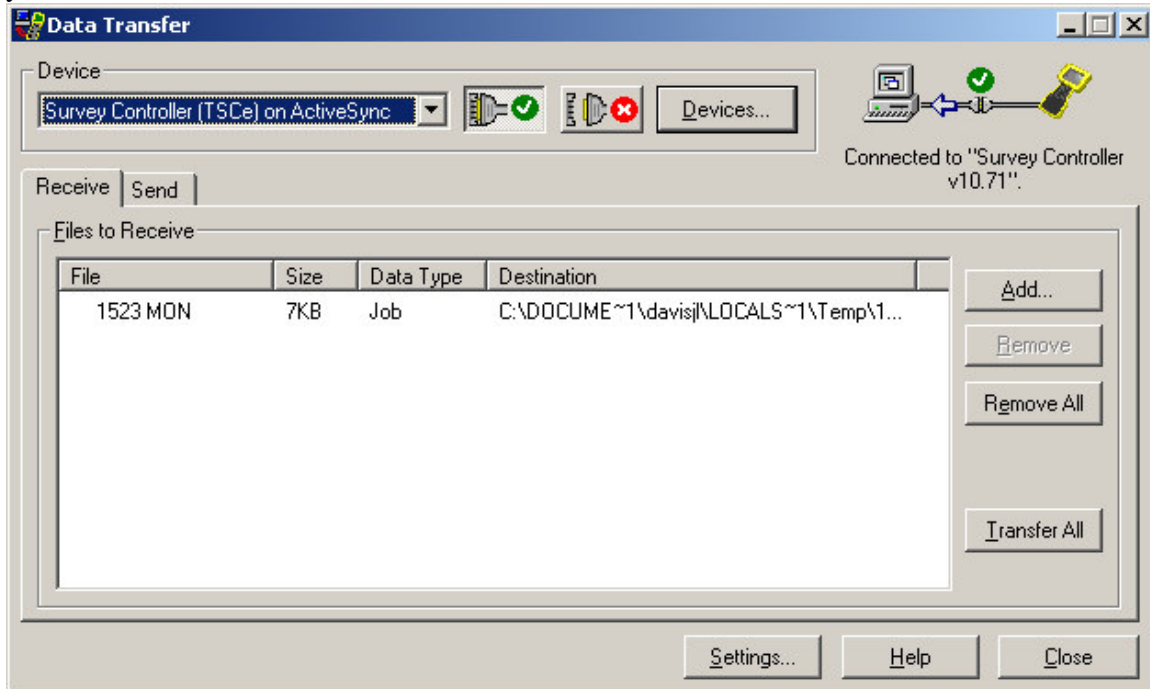Open Trimble Data Transfer utility on your PC
       Start =>Programs=>Trimble Data Transfer=>Data Transfer
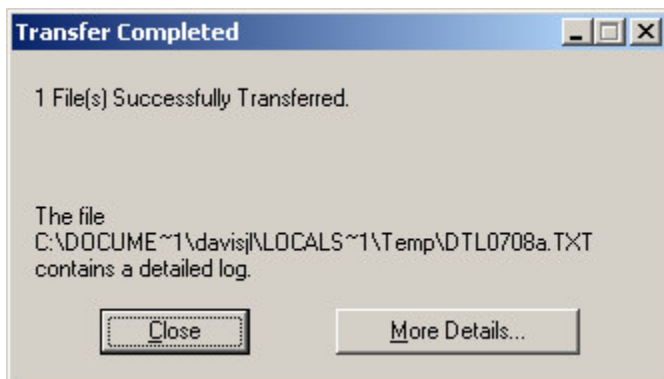
NOTE: You may have to change connections settings or "Devices" depending on what type of download process you use. For these screen captures we are using a Trimble TSCe with Active Sync.
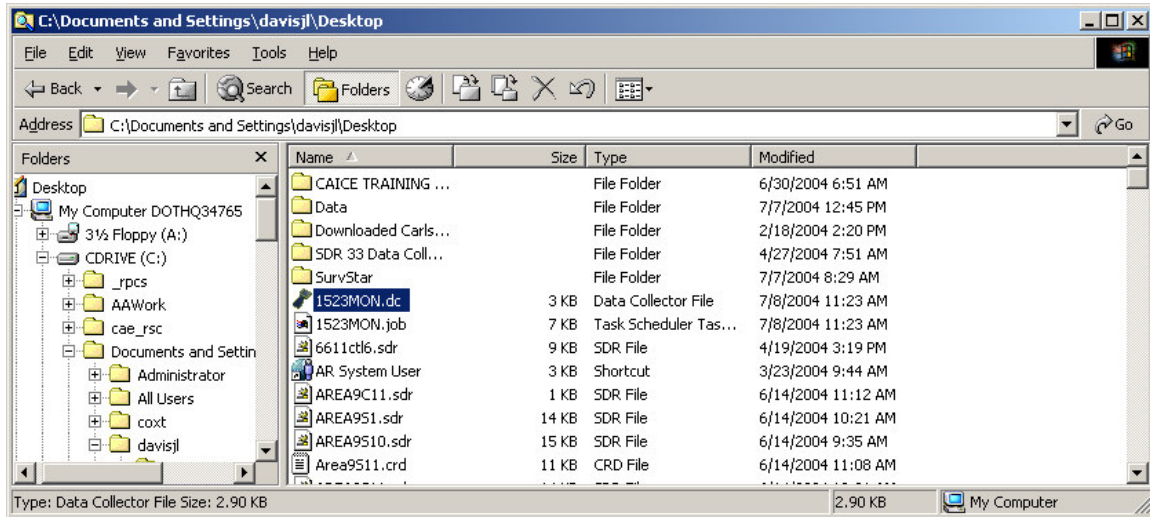
At the screen above, make sure the destination folder is where you want the file saved to. Also make sure the File Format is the type you need to use. Under File name grab the file you want to download.

Hit "Add" then, Hit "Transfer All." Once completed, the box below will open. Hit close or more details.

Go to Windows Explorer and navigate to the file folder. Find the ".dc" folder of the file you just transferred and make a copy. Rename with a compatible project name for CaiCE. Example L0016T1.sdr.

Import into CaiCE as usual.